

# GENERAL INFORMATION



**DATE:** SATURDAY OCT. 3 & SUNDAY OCT. 4, 2015  
(RAIN OR SHINE!)

Each team will participate on one of the two days.  
The date your team competes will be determined by **September 20<sup>th</sup>**  
& will be based on registration numbers by age division.

**TIME:** Events begin at **10:00 AM**

Please sign in & pick up your registration package **between 9AM – 9:30 AM**  
We expect to wrap up the day by approximately 3:00 p.m.

**LOCATION:** Edge of Walton – 43932 Walton Road, Walton, ON.

**REGISTRATION FEE:** \$400 per team

Includes: the events, lunch & a souvenir for each player.

## WHAT YOUR DAY WILL LOOK LIKE:

All teams will compete only against teams within their own age category.  
The day will begin with **team building events and activities**, some of which will be scored.  
These ice breakers and events are designed to help your team bond and learn to play as a team, relying upon each and every teammate to accomplish the task.

**Fun is the main ingredient!**

**LUNCH:** will be served in the Solar Shed at the Challenge Course.

Meal tickets will be provided to each team with your registration package.  
Food will be available for purchase for any spectators.

*\*\*\* we are not able to accommodate special dietary requests so if you have a participant with food sensitivities, please bring a bag lunch\*\*\**

**THE MAIN EVENT:** a **2km obstacle challenge course** with a variety of fun, dirty, tough obstacles. All team members must participate and each participant is timed.

At the end of the course, the players time is recorded and the team's average time will determine the score. This format encourages every player to do their very best, while being mindful of the need to encourage their teammates and help each other through and over obstacles.

And just to keep things interesting, each team must nominate one coach to participate in the **coach's challenge**... a race through the climbing towers and walls where the players get to cheer on their mentor! **A tug-of-war competition will break any point ties.**

## THINGS TO BRING:

Water bottles, healthy snacks, a change of clothing & shoes and a designated team photographer so you can capture all the awesome moments of the day.

**QUESTIONS/INQUIRIES:** Denise DeJong, 519-440-8691, [denisedejong8@outlook.com](mailto:denisedejong8@outlook.com)